

TRAINING EVENT DESCRIPTIONS

INTRODUCTORY LESSONS:

These sessions are designed to allow students to learn the game of pickleball from the ground up. No knowledge of the game is required. Membership in the club is not required. Any resident of The Grand is welcome. Lessons are limited to sixteen students and are held on courts one and two. Lessons are held on Thursdays between noon and 2:00 pm during the months of October through March. Lessons during the months of April through October are held on an as needed basis . Check the Calendar of Events for the current schedule.

Introductory lessons are scheduled for two hours. You must attend the full two-hour session. The basics of pickleball will be taught including the rules, scoring, court position, and general strategy. Players will be divided into groups of four to eight per court with an experienced instructor coaching throughout the playing time. Please bring water, and wear tennis shoes and sunglasses/eyewear. If you do not have a paddle, it will be supplied for you. Please arrive 10 minutes before the start of the lesson and meet your instructors in the pavilion.

On-line sign-up can be found here [Introductory Lessons](#)

Each student is allowed two free lessons. Feel free to sign up for both.

DRILLS & SKILLS

Once you know the basic rules of the game you can attend Drills & Skills sessions. Sessions are held periodically depending on the time of year. Check the Calendar of Events for the current schedule.

Drills & Skills sessions are held on Wednesdays between noon and 3:00 p.m. Please arrive 10 minutes before the start of the session and meet your instructors in the pavilion.

Courts 1-4 are reserved for intermediate/advanced players (3.0 skill-level and above). Courts 5-8 are reserved for novice/beginner players (2.0 & 2.5 skill-level).

Each court will focus/drill on a specific skill such as a deep serve, the return of serve, the drop-shot, blocking at the net, dinking, etc. Automatic ball machines are used to assist in some drills. These skills will change periodically.

On-line sign-up can be found here [Drills & Skills](#)

SKILL-LEVEL CLINICS

These sessions are designed to assist students in advancing their skill of playing pickleball and their understanding of the strategy of the game with a focus on partnering, shot selection and execution. You must know the rules of the game to participate.

Clinics are scheduled for one and a half hours. You must attend the full session. Players will be divided into groups of four to eight per court with an experienced instructor coaching throughout the playing time.

Clinics are held each week during the months of January, February and March.

Friday sessions are designated for 3.0 skill-level and held between the hours of 1:30 p.m. to 3:00 p.m.

Saturday sessions are designated for 2.0 & 2.5 skill-level and held between the hours of 1:30 p.m. to 3:00 p.m.

3.5 skill-level clinics and special event clinics are held periodically at the Clinic Directors' discretion.

No on-line sign-up is required.

Come to the breezeway between courts 13 and 17. Please arrive 10 minutes prior to the start of clinic. Anyone arriving after 1:30 p.m. will not be allowed to attend.

***Be advised that your instructor may move you up or back a skill-level depending upon their assessment of your abilities.