

TRAINING EVENTS

INTRODUCTORY LESSONS:

These sessions are designed to allow students to learn the game of pickleball from the ground up. No knowledge of the game is required. Sessions are limited to eight students per court and are held periodically depending on the time of year.

The basics of pickleball will be taught including the rules, scoring, court position, and general strategy. Players will be divided into groups of four to eight per court with an experienced instructor coaching throughout the playing time. Please bring water, wear tennis shoes and sunglasses/eyewear. If you do not have a paddle, it will be supplied for you. Please arrive 15 minutes before the start of the lesson and meet your instructors in the pavilion.

For more information including dates, times and signup please visit [Introductory Training](#)

SKILLS & DRILLS

Once you know the basic rules of the game you can attend Skills and Drills sessions. Four courts are utilized for these sessions with players limited to six per court. Sessions are held periodically depending on the time of year.

Each court will focus/drill on a specific skill such as a deep serve, the return of serve, the drop-shot, blocking at the net, dinking, etc. Automatic ball machines are used to assist in some drills. These skills will change periodically.

For more information including dates, times and signup please visit [Skills & Drills](#)

SKILL-LEVEL CLINICS

These sessions are designed to assist students in advancing their skill of playing pickleball and their understanding of the strategy of the game. You must know the basic rules of the game to participate.

Clinics are scheduled for 90 minutes. You must attend the full 90 minute session. Players will be divided into groups of four to eight per court with an experienced instructor coaching throughout the playing time.

The Clinics are by skill levels.

- 2.0 & 2.5 are combined
- 3.0
- 3.5

Be advised that your instructor may move you up or back a skill-level depending upon their assessment of your abilities

For more information including dates, times and signup please visit [Skill-Level Clinics](#)